

Sample Daily Schedule

	Infants	Toddlers	Preschoolers	School-Agers
6:30 am	<p>All children and their families are greeted warmly as they arrive. Most need breakfast/nourishment on arrival.</p>			
8:30 am	<p>Babies may be changed, fed and allowed to rest</p> <p>After nap, Baby is changed & fed. Game of peek-a-boo, fingerplay. Baby joins group to observe, on lap, or in seat near older children's activity. -- may need a late morning nap</p>	<p>Some may want to cat nap or be rocked, cuddled for a while. Quiet toys (beads, puzzles, dolls, books are available) - free choice time</p> <p>Circle Time- introduce Theme, Story & Special Activity; Art experience, cooking, water play or play doh, blocks, dramatic play, puppets, making music. -- Followed by morning snack --</p>	<p>After eating they can read, finish homework or play a game, until school.</p> <p>At school</p>	
10:30 am	<p>Outdoor time/gross motor play. A nature discovery walk around the yard/block; backyard play, bicycles, scooter boards, jump rope, skates, rainbow ribbons, etc.</p>			

Sample Daily Schedule (continued)

	Infants	Toddlers	Preschoolers	School-Agers
Noon	Babies may have been fed earlier, and might be ready for an afternoon nap	Toddlers are learning to feed themselves.	Can help set table, prep meal & clean up after.	At school
12:30pm	Story telling/Story Acting for all			
1pm	Floor play/tummy time for infants while toddlers & preschoolers nap.	Toddlers get help with brushing teeth & prepare for nap.	Brush teeth. Preschoolers may nap or have quiet play during their rest period.	School-agers return home, have snack, do homework and enjoy outdoor time. They decide how to spend their time; crafts, games, sports, music, and enjoy time with friends & siblings.
2:30pm	Afternoon feeding for infants, followed by nap time if needed.	Toddlers & preschoolers wake up and have afternoon snack; maybe special recipe craft.		
4pm	[pack up & gather items to send home] Active outdoor play for all, followed by indoor activity to wind down and prepare for pick up time.			