

## Escape Plan

Panic is a major cause of fire deaths. Planning ahead, rehearsing, thinking, and acting clearly are keys to surviving a fire. How prepared are you?

*You should be able to respond "yes" to the following statements:*

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|---|-----|----|
| 1. The family has an escape plan and an alternate escape plan?  | Yes | No |
| 2. Escape routes and plans are rehearsed periodically?  | Yes | No |
| 3. The escape plan includes choosing a place safely outside the house where the family can meet to be sure everyone got out safely? | Yes | No |
| 4. At least two exits from each part of the house are established?  | Yes | No |
| 5. The fire department and/or "911" number is posted on every telephone?  | Yes | No |

### Recommendations...

- Establish advanced family child care planning for escape. It is an important partner with smoke detectors and it will prepare you for a fire emergency.
- Include small children as a part of the discussion and rehearsal. It is especially important to make sure they understand that they must escape; they can't hide from fire under a bed or in a closet.

Your life and that of your family/family child care children can be saved by foresight, planning, discussing, rehearsal and not panicking.

